

Result Management Committee

**THE PROPOSED DECISION OF
HEARING PANEL**

**Between
Vietnam Anti-doping and Sports Medicine Center (VADA)**

And

Mr. LU GIA NAM

Hearing Panel:

Prof. Le Quy Phuong, Doctor - Chairman

Mr. Ly Duc Tu - Member

Jurisdiction

1. This case by Vietnam National Anti-Doping Rules (compliance with WADA Code 2021), the Panel is of the view the applicable rules would be the **VADA Rules (Rules)**.
2. **Vietnam Anti-Doping and Sports Medicine Center (VADA)** was the Testing Authority, Sample Collection Authority and Result Management Authority.
3. Article 8.1.2.1 of VADA Rules stated that the Hearing Panel will be appointed by VADA for hearing and adjudication. Thus, VADA appointed the Hearing Panel (the Panel) on 25th October 2022. It comprises 02 (Two) qualified members, as follows:

Prof. Le Quy Phuong, Doctor - Chairman

Mr. Ly Duc Tu - Member

Background

4. **Lu Gia Nam ("Athlete")**, date of birth 25th December 1992, is Vietnamese athlete. His sports and discipline is Bodybuilding/Bodybuilding. He was managed by Vietnam Weightlifting and Bodybuilding Federation.
6. **VADA** was assigned to be the Testing Authority, Sample Collection Authority and Result Management Authority of OOCT in 2022.
7. The athlete was tested on 10th April 2022. The Doping Control Officer (DCO) of the test was **Mr. Nguyen Huy Nam**, the Chaperones were **Mr. Nguyen Viet Tuan** (for notification and witness). His sample code is 7028511. All the procedures were stipulated by the **World Anti-Doping Agency's (WADA)** International Standards for Testing 2021. All samples were sealed by the Athlete in the presence of DCO **Mr. Nguyen Huy Nam**.
8. All information on athlete's sample was recorded in the Doping Control Form. The Athlete declared he used whey protein, hydroxycut, black burn (fat burner), chorpital, zm8+, tribulut, L-carnitine, Multivitain in the Medication Information. The Athlete had no comment on the Doping Control Session.
9. The movement of the sample was recorded accurately on the Chain of Custody Form. A report was also provided by the Lead DCO on 11th April 2022.
10. The sample was transferred to the Laboratory on 14th April 2022. The sample was analyzed by the WADA-accredited laboratory, National Doping Control 9th May 2022 (Lab Reference #L220676), showed the presence of Prohibited Substance as below:

- **S1.1 Anabolic Androgenic Steroids / Drostanolone metabolite**

11. This substance is in the S1.1 Anabolic Androgenic Steroids of WADA's 2022 Prohibited List.
12. The Athlete has, therefore, committed an **Anti-Doping Rule Violation (ADRV)** of Article 2.1 and 2.2 of the VADA Rules.
13. On 1st June 2022, the Athlete was notified that his urine sample was Adverse Analytical Finding (AAF) via email. The first notification stated that:
 - a. Athlete has right to send his explanation;
 - b. Athlete has right to request B-sample opening to confirm the A Sample results or to waive that right.
14. The deadline for the athlete was on 6th June 2022.
15. On 18th July 2022, the Athlete send explanation to VADA
16. The Athlete did not send the B-sample opening request to VADA
17. VADA sent the Notice of charge to the Athlete on 20th August 2022, in which states that:
 - Give the consequences will be applied to Athlete;
 - Athlete has right to admit his asserted ADRV and accept the proposed Consequences;
 - Athlete has right to request a hearing;
19. The athlete sent the Hearing Request on 7th September 2022;
20. The hearing session was conducted on 25th October 2022.

Anti-Doping Proceeding

21. Result Management Committee files proceedings alleging a violation of Article 2.1 and 2.2 of Rules, evidenced by the presence of Prohibited Substance in the sample collected on 10th April 2022 and the usage of Prohibited substance by the Athlete.
22. Definition of Article 2.1 of VADA Rules: **Presence of a Prohibited Substance or its Metabolites or Markers in an Athlete's Sample**, and Article 2.2: **Use or Attempted Use by an Athlete of a Prohibited Substance or a Prohibited Method**.
23. The analysis of the sample confirmed the presence of Drostanolone metabolite. According to the Prohibited list 2022 of WADA Drostanolone metabolite is the Non-Specified Substances, which is in S1.1 Anabolic Androgenic Steroids, being prohibited at all time.

24. In the notice of charge, the Athlete was Provisionally Suspended since 1st June 2022 (the day of VADA sent the first notification).
25. On the hearing session, the athlete claimed that he used 10 types of supplement without any caution. The athlete also confirmed that he used by himself to loose fat.

Proposed Sanction

26. Our records indicate that you have No prior ADRVs; athlete's AAF substance was a Non-Specified Substance but the ADRV was not intentional, therefore VADA will seek the following proposed Consequences:
 - 26.1. A period of Ineligibility of **two [02] years** by athlete's IF or NF under VADA Rules 10.2.2;
 - 26.2. Public disclosure pursuant to Article 14.3 of VADA Anti-Doping Rules;

Conclusion

27. In conclusion, the Panel propose a period of ineligibility of **two [02] years** backdate to commence from **10th April 2022**, and means athlete is ineligible to participate in sport until **10th April 2024**.

Appeal

28. The Athlete has 21 (twenty one) days to appeal from the date the athlete is notified of the hearing decision as set forth in Article 13.6.2 of VADA Rules.

2nd December 2022

Hearing Panel



Prof. Le Quy Phuong, Doctor – Chairman

cc:

- Vietnam Weightlifting and Bodybuilding Federation, email:
- WADA Result Management / E-mail : rm@wada-ama.org